

Altoona Cyclocross Race

Sunday Oct 3

Part of the Scheels Central Iowa Cyclocross Series

Lions Park, Altoona

Categories /	Entry\$ /	Start /	Distance /	Prizes
Women Open	\$20	11:00AM	45 min	\$125/3
Women Cat 4	\$20	11:00AM	45 min	merch/3
Women 35+	\$20	11:00AM	45 min	merch/3
Women 45+	\$20	11:00AM	45 min	merch/3
Masters 35+	\$20	12:00PM	45 min	merch/3
Masters 45+	\$20	12:00PM	45 min	merch/3
Jr	\$10	12:00PM	45 min	merch/3
Kids Race	free	1:00PM	short lap	
Cat 4 (beginner)	\$20	1:30PM	45 min	merch/3
Cat 1,2,3	\$25	2:30PM	60 min	\$250/5
Cat 3	\$25	2:30PM	60 min	\$125/3

Directions: from I-80, take 1st ave (exit 143) south to Adventureland Dr, West approximately a mile to 17th Ave NW, south to 4th St SW, East to 15th Ave SW, South to Lions Park.

Registration opens at 10:00 and closes 5 minutes prior to your event

Important note: Cat 3 racers will have a choice of entering the 'open' race or the cat 3 race. They will be run simultaneously.

2nd race of the day \$5.

USA Cycling Permit applied for

Races open to anyone. One-Day licenses available to non-USACycling members.

The event is being run in conjunction with the Stinkfoot 5k, put on by the Altoona Tri Club. Go to www.altoonatriathlonclub.com for more info.

Race Day contact: Paul Jensen (515) 210 -9126