



Bike to Work Day!

Work to Eat, Eat to Live, Live to Bike, Bike to Work.

Join Mayor Tom Hanafan in promoting bicycling in the metro area! The ride for Bike to Work Day is part of **BIKE TO WORK WEEK**, May 12-16, and will take place on the city's trails system with support provided by our bike Shops, and by Bikeable Communities!, an organization representing groups and individuals working to make the metro area bicycle friendly.

Date: Friday, May 16, 2008

Route: Ride from Valley View Village to Bayliss Park
along Valley View Trail and Harry Langdon Blvd.

Start/end point: Valley View Village (Near Cellar 19 and Tazza di Caffè)

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7:45 – 8:00

8:00 – 8:45

8:45 – 9:00

9:00 – 9:45

and Tazza di Caffè providing refreshments at the start.

Registration and sign in at Valley View Park

Bicycle Ride with the Mayor to Bayliss Park

Mayor's Proclamation and press conference (*refreshments*)

Bicycle Ride back to Valley View Park



Please Contact: Cati DeMasi, Council Bluffs Parks and Recreation
p: (712) 328.4650: cdemasi@councilbluffxs-ia.gov

Stephen Schnitker, Bikeable Communities!
p: (712) 322.5816: sschnitker@cox.net

For more information on Council Bluffs' trails system, log onto
www.cbparksandrec.org.

