



Iowa Cyclocross Championship

Altoona, Iowa

November 1, 2008

Iowa Cyclocross Championship - Lions Park - Altoona, IA - November 1, 2008				
Time	Category	Distance	Prizes/Places	Entry Fee
12:00 PM	Course open			
01:00 PM	Juniors/Singlespeed	35 minutes	Merchandise	\$25/\$10
01:45 PM	Men Category 4	45 minutes	\$100/5	\$25
02:30 PM	Course open			
03:00 PM	Masters 35+ & 45+	45 minutes	\$150/5 places	\$25
04:00 PM	Women Open	45 minutes	\$100/5 places	\$25
05:00 PM	Men 1/2/3	60 minutes	\$250/5 places	\$25

Online registration ends Thursday, October 30th and day-of registration will include a \$5 late fee. 2nd race on the day is \$10. State championship medals will be awarded in all races. Separate medals will be awarded for the following categories: Women Category 4, Men Category 3, Masters 35+, Masters 45+. Only racers holding Iowa annual racing licenses will be eligible for state championship medals.

Lions Park in Altoona which provides a challenging course for racers and a friendly course for spectators. Plenty of elevation changes including a spectacular finishing asphalt climb will challenge even the fittest cross racer. A long gradual grass climb to the back of the park will grind away after each lap. For those watching, nearly the entire course is viewable from the start/finish area, so everyone will be able to see the race unfold over the course of the laps.

Directions: I-80, take exit 143 south to Adventureland Drive. Turn right and go west to 17th Avenue NW and follow it south. Turn left at 4th Street SW. Turn right on 15th Avenue SW, then left into the park.

More info can be obtained at <http://www.iowacx.com/>

