

Psychlofest 2K9

Race #2 in the Double I Cross Experiment Series

The Fastest Cross Course in Iowa

Sunday October 25th, at Crow Creek Park in Bettendorf, Iowa



Cat 4/Beginners/ Juniors/Fat Tires

11:00 a.m. start

\$15 Entry Fee

\$10 for Juniors

30 Minutes

One Day License

Prizes to winners

Men's Cat 3/4, Women's Open

12:00 p.m. Start

\$25 Entry Fee

45 Minutes

Men's 3/4—\$180 5 places

**Women's Open—\$110
payout 4 places**

Men payout\$,

70, 50, 30, 20, 10

Women's payout\$

50, 30, 20, 10

Open 1, 2, 3, 4, Masters 30+/40+/ 50+

1:30 p.m. Start

\$25 Entry Fee

60 Minutes

**Men's Open \$180
payout**

Master's \$100/class

Open payout\$

70, 50, 30, 20, 10

Master payout\$/class

40, 30, 20, 10

Registration starts at 9:30 a.m. and ends 30 minutes before each race. All racers must have a USCF/USA Cycling License. A one day license is available at registration. Mountain bikes without bar ends are welcome. Held under USAC Permit.

Directions: From I-80 East Exit at Middle Rd. Bettendorf, Turn Left onto Middle Rd, go 2.7 miles then turn right on Tanglewood, go about .5 miles, Parking lot is on right.

From I-80 West Take I-74 to Bettendorf/Davenport, Exit at 53rd St. Turn left and go 2.1 miles, then turn right on Devils Glen Rd, go .7 miles then left on Tanglewood, Parking is on left in .4 miles

From I-74 from Illinois, Exit at Middle Rd. Turn right and go 1.9 miles then turn left on Devils Glen Rd, go .7 miles and turn right on Tanglewood.

**Brought to you by Healthy Habits, DICE Cycling, Crow Valley Chiropractic
and the Quad Cities Bicycle Club.**

**For More Information: Contact: Bruce Grell at 563-332-5145 or email
vamootsman@aol.com**