



Bicycle Blues and
BBQ
July 10-12, 2009

Get moving and get biking because the Bicycle, Blues & BBQ Festival is heading through North Iowa once again. This year's event promises even more---more rides; more blues; more mouth-watering BBQ. All for a great cause - The North Iowa Trails Association.

Friday, July 10

6p.m City Park-Kickoff party with Mouth watering BBQ available for purchase from several vendors. Blues by *Brandon Scott Sellner* and *The Lamont Cranston Band*

Saturday, July 11

7-10 a.m. City Park-FUNdraising ride, Registration held in City Park. Several Routes will be available- Choose one for your skill level. BBQ Vendors begin serving at 11:00

1 p.m-Iowa Cup Series Criterium Race. To participate in this action packed lap race around downtown Clear Lake, visit bicyclebluesbbq.com. If you prefer to be a spectator-the action can be viewed from City Park.



6 p.m City Park- The Blues is back up with *Little Bobby & the Storm*; the Clear Lake *Municipal Band*; and back by popular demand *Brandon Scott Sellner* will be heating up City Park at the Bandshell stage.

Sunday, July 12

USCF Sanctioned Racing-the Iowa Cup Series Road Race will kick off at 10 a.m. from Clear Lake's Legendary Surf Ballroom.

Registration will begin at 8:00 a.m. and riders will be staged by 9:00 a.m. The route runs through the North Iowa countryside and finishes on the south side of Clear Lake.

For more info contact Tim Putnam at NorthiowaSpin@yahoo.com