



October 13 & 14, 2018

Tondro Pray Bike Park - Cedar Falls, IA

Presented By:



Register online at USA Cycling. Schedule is for both days, additional races \$5 each. Twisted Cross Race Awards will take place shortly after each race at the course venue.

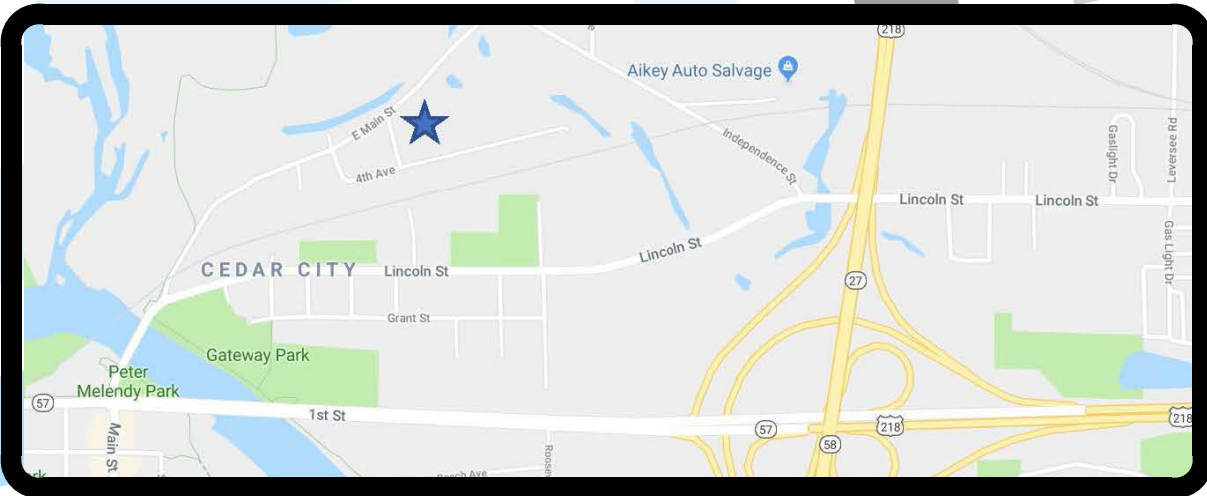
Category	Entry	Start Time	Duration	Prizes
Men 3/4	\$25	9:30am	45 min	\$50/\$30/\$20
Women Masters 35+	\$25	10:30 am	35 min	\$50/\$30/\$20
Women 3/4/5	\$25	10:30 am	35 min	3/Merchandise
Men Masters 35+	\$25	11:20 am	40 min	\$50/\$30/\$20
Men Masters 45+	\$25	11:20 am	40 min	\$50/\$30/\$20
Men Masters 55+	\$25	11:20 am	40 min	\$50/\$30/\$20
Men Masters 65+	\$25	11:20 am	40 min	\$50/\$30/\$20
Kids	FREE	12:15 pm	5 BMX laps	Medals
Juniors 9-12	\$10	12:45 pm	30 min	3 in Boys & Girls/Medals
Juniors 13-14	\$10	12:45 pm	30 min	3 in Boys & Girls/Medals
Juniors 15-18	\$10	12:45 pm	30 min	3 in Boys & Girls/Medals
Women 1/2/3	\$25	1:30 pm	45 min	\$125/\$75/\$50
Men 1/2/3	\$25	2:30 pm	60 min	\$125/\$75/\$50
Men 4/5	\$25	3:45 pm	35 min	3/Merchandise

Races Sponsored By:



Additional Services Provided By:





REGISTRATION

Register online at www.usacycling.org. Online registration closes Thursday, Oct. 11 at 10:00 pm. There will be a \$10 late fee for day-of registration. On-site registration is by cash only. NO REFUNDS.

On-site registration opens at 8:30 am and closes 15 minutes before each event. Unlicensed riders, including Juniors, must purchase a 1-day \$15 USCF license in addition to to entry fee. No annual licenses will be sold on the day of the event.

Twisted Spokes is happy to help get folks into racing! So if this is your FIRST cyclocross race ever, Twisted Spokes will refund your USCF license fee!

STAGING

Pre-registered racers will be staged by USAC rank points at the close of pre-registration. Riders registering on race day will start behind the pre-registered riders.

TWISTED KIDS EVENT

Free 5-lap race on the BMX pump track!

DIRECTIONS & PARKING

Tondro Pray Bike Park is located at the corner of E. Main St. and Logan Ave. near downtown Cedar Falls. From S. Main St., cross the Cedar River going north, and turn left onto E. Main St. as if going to Big Woods Lake. Parking is available at Tondro Pray, with additional parking at Gateway Park.

Sidecar Coffee will be onsite vending delicious hot beverages.



SingleSpeed Brewing will be offerings samples at the race site.



Andy's Mobile Bike Shop will be on hand to assist racers with mechanical support.

