

8TH ANNUAL MINDY'S MILES

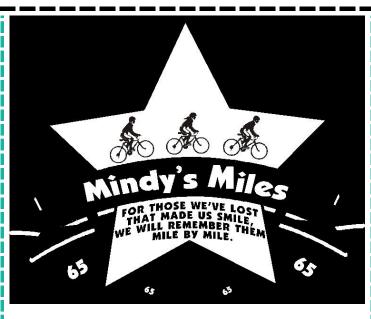
BICYCLE RIDE

PRICES:

Pre-registration - \$20 (By May 31st) Registration - \$25 (After May 31st)

REGISTRATION INCLUDES:

- Mindy's Miles T-shirt
- Food/BeverageStops along routes
- > Sag Wagon Service
- ➢ BBQ after Ride (BYOB)



JUNE 18TH, 2016

LOCATION:

Grotto Park West Bend, Iowa

TIME:

Registration opens: 8AM
Ride starts: 9AM
BBQ: 11AM
(ALL WELCOME!)

(Non-riders - Free Will Donation)

RAIN DATE:

Will ride RAIN or SHINE! Bring your rain gear!

Name:		alor
Address:		John a Att
City:	State:	308 7 th 9
Email Address:		Wes
T-Shirt Size:		Call (515) 5

Please send Pre-registration forms along with entry fees to:

John and Cindy Bruellman Attn: Mindy's Miles 308 7th Street SW PO Box 346 West Bend. IA 50597

Questions? Call (515) 577-4436 or (515) 341-5757

WAIVER SECTION - HELMET USE IS ADVISED

A waiver is required for each rider participating in the Mindy's Miles 8th Annual Bicycle Ride.

WAIVER: I know bicycling is a potentially hazardous activity. Injuries while bicycling can result in collision with vehicles, animals, other riders, and attempts to avoid such collisions; from poor road conditions (potholes, uneven and cracked pavement, loose gravel, leaves, and debris, etc.); from the effects of weather; from overexertion and inadequate training; and from mechanical failure of bicycles. Knowing these risks, and in consideration of my participation in this ride, I hereby waive and release any person or thing affiliated with Mindy's Miles, it's agents and representatives, and all persons or entities providing goods and services in connection with this ride, from all claims liabilities, or accidents of any kind arising out of my participation in this ride. I understand that this waiver is binding upon me, my heirs, executors, and any person entitled to act on my behalf.

Name	Signature	Date of Birth	/ /	/
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