

Glenwood Area Dollars for Scholars

Present the

3AM Ride

(Ride Around Mills County)

June 20, 2009

Mineola, IA–Wabash Trail Head

\$20 entry fee before June 8

\$25 entry fee after June 8

All entrants receive lunch at the Mineola Steak House and a commemorative t-shirt.

Bicycling etiquette expected. Please wear your helmet!

Four Ride Routes Available

Route 1: Trail Ride: 8 mile ride on the Wabash Trace (Mineola to Silver City and return)
Registration 9:30 a.m.

Route 2: Trail Ride: 24 mile ride on the Wabash Trace (Mineola to Malvern and return)
Registration 8:00 a.m.

Route 3: Road Ride: 23 mile ride (Mineola, Glenwood, Silver City, return to Mineola)
Registration 8:00 a.m.

Route 4: Road Ride: 38 mile ride (Mineola, Pacific Junction, Glenwood, Silver City, return to Mineola)
Registration 8:00 a.m.

Name: _____

Address: _____

City, State, Zip: _____

Home phone: _____

Alternate phone: _____

Event Entered: ☐ Route 18 mile trail ride
☐ Route 224 mile trail ride
☐ Route 323 mile road ride
☐ Route 438 mile road ride

T-shirt size: ☐ AS ☐ AM ☐ AL
☐ AXL ☐ A2XL* ☐ A3XL*

**A2XL and A3XL are \$3 extra*

(Late entrants cannot be guaranteed a t-shirt)

In consideration of my acceptance of this entry, I hereby, for myself (or my child, if under 18), my heirs, executors and administrators, waive any and all rights and claims for damages I may nor or hereafter have against Dollars for Scholars, Iowa Natrual Heritage Foundation, Southwest Iowa Nature Trails and all individuals associated with this event. I certify that I have full knowledge of the risks involved in this event and that I am satisfactorily fit and have no condition that may prevent my participation.

Participant's Signature _____

Date _____

Signature of parent or guardian if participant is under 19 _____

Date _____

Mail registrations (one per participant) and entry fee to Craig Williams, 406 N. Vine St., Glenwood, IA 51534. For info call 712-527-4727, e-mail ridemills@yahoo.com or go to www.bikeiowa.com and check the ride calendar.



Dollars for Scholars®

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