

# 23rd ANNUAL FRIENDLY SONS OF ST. PATRICK



**ST. Patrick's Day 10 km and 2 Mile Fun Run**  
**Sunday, March 26, 2006**  
**11:00 a.m.**



**LOCATION**

**Start: 10 km and 2 mile (11:00 a.m.)**  
 Just west of Sully's Irish Pub, 63rd and Grand.  
**Finish: 10 km and 2 mile**  
 In front of True Value Hardware, 63rd and Grand.

**ENTRY FEE**

**10 km Run**  
 \$20 through Monday, March 20th, 2006.  
 \$25 after Monday, March 20th, 2006.

**2 Mile Fun Run**  
 \$15 through Monday, March 20th, 2006.  
 \$20 after Monday, March 20th, 2006.  
 Make check payable to: Friendly Sons of St. Patrick.  
 On-line registration: [www.active.com](http://www.active.com)

**PACKET PICK-UP**

TRUE VALUE HARDWARE, 63rd and Grand, West Des Moines. Time: 9:30 a.m. to 10:45 a.m. Sunday, March 26

Race Coordinators: John Leonhart & Father Kirby  
 Official Time Keeper: Stan Smith

**COURSE**

**10 km Run**  
 Loop through neighborhoods of West Des Moines.  
**2 Mile Run**  
 Out/back - Grand and Fourth Street.

Water stop located along the course.  
 Food and beverage served after the race.

**DIVISIONS & AWARDS**

10 km - Men and Women  
 19 & under (3), 20-29 (3), 30-39 (3), 40-49 (3), 50-59 (3),  
 60 & over (3).

An Irish-design long sleeve T-shirt to all 10 km runners.  
 Short sleeve T-shirt to all 2 mile runners.

**RESULTS**

Results will be available, and the award ceremony will take place, in Sully's Irish Pub after the race.

"We are proud to team up with our community-minded sponsors as we donate the proceeds of this run to local charities. "

## 23rd Annual Friendly Sons of St. Patrick- - March 26, 2006 - - Entry Form

Name (last name / first name)

Mailing Address

City  State  Zip Code

Birth Date  -  -

Shirt Size

M L X

Home Telephone

Age on	Sex	Running	
<input style="width: 40px; height: 25px;" type="text"/>	<input style="width: 40px; height: 25px;" type="text"/>	<input style="width: 40px; height: 25px;" type="text"/>	<input style="width: 40px; height: 25px;" type="text"/>
3-26-06	M/F	10K	2 Mi

**Entry Fee**  
 (Payable to: **Friendly Sons of St. Patrick**)

**10 km**

20 dollars  
 (through Monday, March 20)

25 dollars  
 (after Monday, March 20)

**2 mi**

15 dollars  
 (through Monday, March 20)

20 dollars  
 (after Monday, March 20)

Capital Striders members may deduct \$2 off of 10K and \$1 off of 2 mi

Don't mail after March 21!!! No refunds

In consideration of acceptance of this entry, I intending to be legally bound herby, for myself and administrators, waive and release any and all right and claim for damages I may have or that my hereafter accrue to me against all sponsors, contributors, supporters and officials associated with Friendly Sons of St. Patrick, their representatives, successors and assigns for any injuries incurred by me during, because of, or in travel to or from Friendly Sons of St. Patrick.

Date: \_\_\_\_\_ Signature: \_\_\_\_\_

PLEASE NOTE:

One person per entry?  
 All boxes completed?  
 Release signed?  
 Correct amount paid?

**MAIL TO:** Friendly Sons of St. Patrick, P.O. Box 13173, Des Moines, IA 50310. Phone: 277-SONS



# FRIENDLY SONS OF ST. PATRICK

10 km & 2 mile



FRIENDLY SONS OF ST. PATRICK  
8120 Hammontree Dr.  
Urbandale, IA 50322

Sunday, March 26, 2006

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## THANKS TO THE FOLLOWING SPONSORS:

Anderson Erickson Dairy	United Technologies
True Value Hardware - 63rd & Grand	Lofredo Fresh Produce
Fitness Sports	Hinkley Springs Water
Sully's	RJ Lawn Service 225-8367

Miller Lite